

little league tryout evaluation form

The Essential Little League Tryout Evaluation Form: A Comprehensive Guide

Little league tryout evaluation form – the cornerstone of fair player selection in youth baseball. This document is more than just a sheet of paper; it's a critical tool that coaches, evaluators, and league administrators rely on to identify talent, assess potential, and ultimately build successful teams. A well-designed evaluation form ensures consistency, objectivity, and a comprehensive review of each young athlete's abilities. From fundamental skills like hitting and fielding to attitude and coachability, every aspect of a player's performance during tryouts needs careful consideration. This guide delves deep into the anatomy of an effective little league tryout evaluation form, exploring the key categories, scoring systems, and best practices that lead to equitable player assessments and foster a positive experience for all involved.

Why a Little League Tryout Evaluation Form is Crucial

The importance of a standardized little league tryout evaluation form cannot be overstated. It serves as a systematic approach to a process that can otherwise be subjective and prone to bias. By providing a consistent framework for assessing players, these forms ensure that every child is evaluated on the same criteria. This not only promotes fairness but also helps coaches identify players with the specific skills needed for different positions and team dynamics. Furthermore, detailed evaluations can offer valuable feedback to players and parents, highlighting areas of strength and opportunities for improvement, fostering growth beyond the tryout itself.

Ensuring Objectivity and Fairness

A primary function of the evaluation form is to inject objectivity into the tryout process. When multiple evaluators are present, a shared form with clearly defined metrics allows for comparable assessments. This minimizes the impact of personal preferences or pre-conceived notions about a player. By focusing on observable skills and behaviors, coaches can make decisions based on evidence rather than gut feelings. This commitment to fairness is paramount in youth sports, where the developmental experience for every child is a key consideration.

Systematic Player Assessment

The form breaks down the complex evaluation of a player into manageable components. Instead of a general impression, specific skills are targeted. This systematic approach ensures that no crucial aspect of a player's athletic ability is overlooked. From arm strength and throwing accuracy to batting

power and fielding agility, each element is given due attention. This thoroughness helps in identifying players who possess a well-rounded skill set, as well as those who might excel in a particular area, making them valuable assets for specific roles on the team.

Facilitating Team Building

Beyond individual skills, a good evaluation form also considers intangible qualities like coachability and teamwork. These attributes are vital for building a cohesive and positive team environment. A player who is a skilled athlete but struggles with attitude or listening to instruction might not be the best fit for every team. The evaluation form provides a space to document these observations, allowing coaches to make informed decisions that contribute to the overall success and harmony of the team.

Key Components of an Effective Little League Tryout Evaluation Form

A comprehensive little league tryout evaluation form typically covers several core areas, each broken down into specific skills and observable behaviors. These components are designed to provide a holistic view of each player's capabilities on the baseball field.

Player Information Section

- Player's Full Name
- Date of Birth
- Age
- Previous League/Team Experience
- Contact Information (Parent/Guardian)
- Jersey Number (assigned at tryout)

This initial section is fundamental for identifying and organizing the information of each participant. It ensures that all records are properly attributed and accessible, forming the basis for the subsequent evaluation.

Skill Evaluation Categories

The heart of the evaluation form lies in its detailed assessment of specific baseball skills. Each category should be clearly defined, and evaluators should have a rubric or scoring system to guide their judgment.

Hitting Evaluation

- **Batting Practice Performance:** This assesses a player's ability to make contact, power, bat speed, and approach to hitting. Evaluators might look for consistency, ability to hit to different fields, and strikeout rate.
- **Situational Hitting:** Evaluating how well a player performs under specific scenarios, such as hitting with runners on base, advancing runners, or hitting behind the runner.
- **Swing Mechanics:** Observing the fluidity, balance, and power generation in a player's swing.

Fielding Evaluation

- **Infield Skills:** Assessing ground ball handling, footwork, throwing accuracy and arm strength from various infield positions. Key attributes include anticipation, sure hands, and quickness.
- **Outfield Skills:** Evaluating fly ball judgment, ability to track and catch fly balls, throwing accuracy and arm strength from the outfield.
- **Glove Work:** The general proficiency with which a player uses their glove to field balls, including scooping grounders and catching fly balls.
- **Fielding Footwork:** How well a player moves their feet to get into the correct position to field a ball.

Throwing and Arm Strength

- **Throwing Accuracy:** The ability to consistently hit targets, whether it's a first baseman's glove, a catcher's mitt, or a cutoff man.
- **Arm Strength:** The velocity and distance a player can throw a baseball with accuracy. This is often assessed during throwing drills and positional play.
- **Arm Motion and Mechanics:** The efficiency and effectiveness of a player's throwing motion, looking for signs of good mechanics that promote power and reduce injury risk.

Running and Baserunning

- **Speed:** This is typically assessed through timed sprints, such as running from home to first base or a timed 60-yard dash.
- **Baserunning Instincts:** Evaluating a player's ability to take good leads, read the ball off the bat, make aggressive but smart decisions on the base paths, and hustle.
- **Hustle and Effort:** The general intensity and commitment a player shows when running the bases and on the field.

Pitching Evaluation (if applicable)

- **Velocity:** The speed of the pitcher's fastball.
- **Control:** The ability to throw strikes and hit specific locations within the strike zone.
- **Off-Speed Pitches:** The effectiveness and command of secondary pitches like curveballs, changeups, or sliders.
- **Mechanics:** The pitcher's delivery, looking for a smooth, repeatable, and injury-resistant motion.
- **Composure:** How well the pitcher handles pressure and adverse situations on the mound.

Intangible Qualities Assessment

These are the “softer” skills that are equally important for team success and player development. While harder to quantify, they are vital to observe.

- **Coachability:** How well a player listens to instructions, accepts feedback, and makes adjustments based on coaching.
- **Attitude:** The player's general demeanor – positive, encouraging, receptive to challenges.
- **Effort and Hustle:** The player's willingness to give maximum effort on every play.
- **Teamwork:** How the player interacts with teammates, offers encouragement, and supports others.
- **Baseball IQ/Awareness:** A player's understanding of the game, ability to read situations, and make smart plays.

Scoring System and Evaluation Scale

A well-defined scoring system is crucial for standardization. Common scales include:

- **Numerical Scale:** Typically a 1-5 or 1-10 scale for each skill, with defined descriptions for each number. For example, on a scale of 1-5: 1 = Poor, 3 = Average, 5 = Excellent.
- **Descriptive Categories:** Using terms like "Needs Improvement," "Average," "Good," "Excellent," or "Outstanding."
- **Checklist:** For certain observable actions, a simple checkmark can indicate successful execution.

The form should also include space for overall comments and recommendations from each evaluator, allowing for qualitative observations that might not fit neatly into a numerical score.

Best Practices for Using a Little League Tryout Evaluation Form

Implementing a little league tryout evaluation form effectively requires more than just having the document itself. Adhering to certain best practices ensures the process is as smooth, fair, and beneficial as possible.

Pre-Tryout Preparation

Before the tryouts even begin, thorough preparation is key. This involves training the evaluators, ensuring they understand the form and the scoring system, and communicating the process to parents and players.

- **Evaluator Training:** Hold a meeting with all evaluators to review the form's categories, scoring rubric, and expected behaviors. Emphasize objectivity and consistency.
- **Clear Communication:** Inform parents and players about the tryout format, the skills being evaluated, and the purpose of the evaluation form well in advance.
- **Logistics:** Prepare enough copies of the form for all evaluators and players. Organize the tryout stations to allow for efficient assessment of each skill.

During the Tryout

Execution during the tryout is critical for gathering accurate data.

- **Multiple Evaluators:** Assign at least two evaluators to each player, if possible, to cross-reference assessments and reduce individual bias.
- **Observation Period:** Give evaluators sufficient time to observe each player's skills without rushing.
- **Focus on Observable Behaviors:** Encourage evaluators to focus on what they see and hear, rather than making assumptions.
- **Consistent Application:** Ensure all evaluators are applying the scoring criteria uniformly across all players.

Post-Tryout Procedures

The work doesn't end when the tryout is over. Proper follow-up is essential.

- **Data Consolidation:** Collect all evaluation forms promptly and consolidate the scores for each player.
- **Team Selection Meeting:** Use the collected data as the primary basis for team selection discussions.
- **Feedback Mechanism:** Develop a process for providing constructive feedback to players and parents, particularly for those not selected or who may need development.
- **Record Keeping:** Maintain organized records of the evaluation forms for future reference and to track player development over seasons.

Adapting the Little League Tryout Evaluation Form for Different Age Groups

While the core principles remain the same, the specific emphasis and expectations within a little league tryout evaluation form should adapt to the age and developmental stage of the players. A form designed for 7-year-olds will differ significantly from one used for 12-year-olds.

Younger Divisions (e.g., U8, U10)

For younger age groups, the focus is heavily on fundamental engagement and basic skill acquisition. Advanced concepts are less critical.

- **Emphasis:** Fun, participation, basic throwing and catching, hitting the ball, running the bases with enthusiasm.
- **Skills to Prioritize:** General athletic ability, willingness to try, following directions, basic hand-eye coordination, attitude towards learning.
- **Scoring:** A more lenient scale might be used, focusing on effort and improvement during the tryout.

Older Divisions (e.g., U12, U14)

As players mature, the evaluation can become more technical and performance-oriented.

- **Emphasis:** Skill proficiency, game understanding, strategic play, specific positional abilities, and overall baseball aptitude.
- **Skills to Prioritize:** Advanced hitting mechanics, accurate and strong throwing, efficient fielding footwork, effective pitching (velocity, control, secondary pitches), smart baserunning, and baseball IQ.
- **Scoring:** More detailed scoring with stricter benchmarks for performance, reflecting the increased skill level expected.

The evaluation form should include notes or specific criteria adjustments for each division to ensure that assessments are age-appropriate and focus on the developmental stage of the players being evaluated.

Frequently Asked Questions

What are the key physical attributes coaches look for during Little League tryouts?

Coaches typically evaluate a player's throwing strength and accuracy, fielding ability (glove work and footwork), hitting power and consistency, running speed, and agility. These demonstrate fundamental

baseball skills and athleticism.

Beyond physical skills, what other factors are important in Little League tryout evaluations?

Coaches also assess a player's attitude and coachability (listening to instructions, responding to feedback), hustle and effort, sportsmanship (interactions with teammates and other players), and baseball IQ (understanding game situations and making smart plays).

How can parents best prepare their child for Little League tryouts?

Encourage consistent practice of basic skills like throwing, catching, and hitting. Ensure they get enough rest and eat well. Most importantly, foster a positive attitude towards trying their best, regardless of the outcome, and emphasize the fun of playing baseball.

What common mistakes do players make during Little League tryouts that coaches notice?

Common mistakes include not listening to instructions, showing a lack of effort (slow running, casual fielding), displaying negative body language (slouching, complaining), and appearing unprepared (wrong equipment, not warmed up properly).

How is a player's performance typically scored or evaluated on a Little League tryout form?

Forms often use a rating scale (e.g., 1-5) for different skills, or specific benchmarks for speed, throwing velocity, or hitting distance. Coaches may also use qualitative notes to describe a player's strengths and areas for improvement.

What is the purpose of the 'baseball IQ' or 'game sense' section on an evaluation form?

This section assesses a player's understanding of the game, such as their ability to read the ball off the bat, make proper throws to the correct base, know when to advance on a hit, and exhibit good situational awareness. It indicates a player's potential to develop into a smarter player.

How can a player demonstrate good sportsmanship and a positive attitude during tryouts?

Players can show good sportsmanship by cheering for teammates, congratulating others on good plays, being respectful to coaches and evaluators, and maintaining a positive demeanor even when they make a mistake. A willingness to learn and adapt is also crucial.

Additional Resources

Here are 9 book titles related to Little League tryout evaluation forms, each with a short description:

1. *The Scout's Eye: A Guide to Identifying Baseball Talent*

This practical guide delves into the core principles of scouting young athletes, focusing on the key physical and mental attributes that signify potential. It offers frameworks for observing players during tryouts, emphasizing the importance of not just raw skill but also coachability and a strong work ethic. Readers will learn how to structure their evaluations to consistently identify players who will thrive in a competitive Little League environment.

2. *Beyond the Box Score: Uncovering Little League Potential*

This book moves past simple statistics to explore the qualitative aspects of player evaluation, crucial for Little League tryouts. It provides strategies for assessing intangible qualities like grit, sportsmanship, and leadership, which are vital for team cohesion and individual development. The author guides readers through creating evaluation forms that capture a player's character and passion for the game.

3. *Metrics of the Diamond: Crafting Effective Evaluation Forms*

This is a hands-on resource for anyone tasked with developing or utilizing Little League tryout evaluation forms. It breaks down the essential components of a successful form, from grading specific skills to assessing general athleticism and attitude. The book offers example forms and discusses the psychology behind effective rating scales, ensuring evaluators capture meaningful data.

4. *The Coach's Checklist: Evaluating Young Baseball Players*

Designed for coaches, this book offers a comprehensive framework for assessing players during the crucial Little League tryout period. It presents a structured approach to evaluating fundamental skills like hitting, throwing, and fielding, alongside important player characteristics. The book includes ready-to-use checklists and advice on how to interpret the results to build balanced and competitive teams.

5. *Talent Spotting in Youth Sports: A Practical Handbook*

This handbook provides a broad overview of talent identification principles, with a specific focus on baseball and Little League. It emphasizes the importance of age-appropriate evaluation, understanding developmental stages, and recognizing potential rather than just current performance. The book offers practical tips for conducting fair and objective tryouts, ensuring every player gets a thorough assessment.

6. *Decoding the Draft: Essential Skills for Little League Evaluations*

This title focuses on the specific skills and attributes that coaches and evaluators should be looking for during Little League tryouts. It breaks down the mechanics of baseball actions and provides clear criteria for assessing proficiency in each. The book aims to demystify the evaluation process, enabling a more accurate identification of players with the necessary skills and aptitude.

7. *From Tryouts to Teams: Building a Winning Little League*

This book connects the process of player evaluation directly to the success of a Little League team. It explores how well-designed tryout evaluation forms can inform team composition, player development strategies, and ultimately, team performance. The author offers insights into creating a positive tryout experience while still making critical decisions about player placement.

8. *The Player Profile: Documenting Potential in Young Athletes*

This resource guides coaches and evaluators in creating detailed player profiles during Little League tryouts. It explains the value of comprehensive documentation, moving beyond a simple numerical score to capture a holistic understanding of each player. The book provides templates and suggestions for recording observations about skills, attitude, and potential for growth.

9. Fair Play: Objective Assessment in Youth Baseball Tryouts

This book champions objectivity and fairness in the Little League tryout process. It addresses the common biases that can influence evaluations and provides strategies to mitigate them, ensuring all players are assessed equitably. The author discusses the design of evaluation forms that promote unbiased judgment and focuses on establishing clear, measurable criteria for player assessment.

Little League Tryout Evaluation Form

Little League Tryout Evaluation Form: A Comprehensive Guide for Coaches and Evaluators

By: Coach Mark Thompson

Outline:

Introduction: The Importance of a Structured Evaluation Process

Chapter 1: Designing Your Little League Tryout Evaluation Form: Key Attributes and Considerations

Chapter 2: Essential Skills to Evaluate: Hitting, Fielding, Pitching, Base Running, and Teamwork

Chapter 3: Developing a Scoring System and Rating Scale: Ensuring Fairness and Objectivity

Chapter 4: Conducting the Tryout and Recording Observations: Tips for Efficiency and Accuracy

Chapter 5: Post-Tryout Analysis and Player Selection: Making Informed Decisions

Chapter 6: Communicating with Players and Parents: Transparency and Professionalism

Chapter 7: Legal and Ethical Considerations: Fair Play and Inclusivity

Conclusion: Building a Strong Team Through Effective Evaluation

Little League Tryout Evaluation Form: A Comprehensive Guide

Introduction: The Importance of a Structured Evaluation Process

Little League baseball tryouts are a crucial time for both players and coaches. For players, it's an opportunity to showcase their skills and potentially earn a spot on a team. For coaches, it's a chance to assess talent, build a balanced roster, and lay the foundation for a successful season. However, the process can be challenging without a well-structured approach. A comprehensive Little League tryout evaluation form is essential for ensuring fairness, objectivity, and ultimately, building a strong and competitive team. Without a standardized form, evaluations can become subjective, leading to potential bias and unfair player selections. This guide will walk you through creating and utilizing a

robust evaluation form to streamline the tryout process.

Chapter 1: Designing Your Little League Tryout Evaluation Form: Key Attributes and Considerations

Designing an effective evaluation form requires careful consideration of several factors. The form should be easy to use, yet comprehensive enough to capture all relevant player attributes. Key attributes include:

Player Information: This section should include the player's name, age, position(s) played, and contact information for parents or guardians.

Date and Time of Tryout: This helps maintain accurate records and track progress over multiple tryout sessions (if applicable).

Skill Categories: Break down the evaluation into specific skill areas, such as hitting, fielding, pitching, base running, and teamwork. Each skill category should have its own scoring system.

Scoring System: Develop a clear and consistent scoring system, perhaps using a numerical scale (e.g., 1-5, with 5 being the highest) or a descriptive scale (e.g., Excellent, Good, Fair, Poor). Ensure the scale is clearly defined for each skill to minimize subjectivity.

Observation Space: Include ample space for written observations beyond the numerical score.

Coaches should note specific strengths, weaknesses, areas for improvement, and overall performance.

Overall Assessment: Include a section for an overall assessment of the player, summarizing their strengths, weaknesses, and potential fit within the team.

Signature Line: Provide space for the evaluator's signature and date to ensure accountability and verify the evaluation.

Chapter 2: Essential Skills to Evaluate: Hitting, Fielding, Pitching, Base Running, and Teamwork

The core skills evaluated during Little League tryouts typically include hitting, fielding, pitching, base running, and teamwork. Each skill requires specific evaluation criteria:

Hitting: Assess batting stance, swing mechanics, contact rate, power, and ability to hit to all fields.

Fielding: Evaluate glove work, throwing accuracy, reaction time, footwork, and overall defensive skills at their primary position.

Pitching (if applicable): Assess mechanics, velocity, control, accuracy, and variety of pitches. Note the number of strikes, balls, and hits allowed in a simulated game scenario.

Base Running: Evaluate speed, base running techniques, awareness of the situation (e.g., stealing bases, advancing on hits), and aggressive play.

Teamwork: Observe the player's attitude, communication with teammates, sportsmanship, and overall contribution to the team dynamic. This is often harder to quantify but crucial for building team cohesion.

Chapter 3: Developing a Scoring System and Rating Scale:

Consistency is paramount. A clear scoring system minimizes bias and ensures fair evaluation.

Consider using a numerical rating scale (e.g., 1-5) or a descriptive scale (Excellent, Good, Fair, Poor). Define each level clearly so that all evaluators use the same criteria. For instance, a "5" in hitting might represent consistently solid contact with power, while a "1" indicates significant difficulty making contact. This consistent approach will significantly improve the reliability of the tryout process.

Chapter 4: Conducting the Tryout and Recording Observations:

The tryout itself should be organized and efficient. Establish clear instructions and expectations for the players. Use a stopwatch to time drills and keep track of statistics. Use the evaluation form to record observations immediately, avoiding reliance on memory. Have multiple evaluators to obtain a broader perspective and minimize individual bias. Rotating evaluators between different skill stations ensures more comprehensive assessment.

Chapter 5: Post-Tryout Analysis and Player Selection:

After the tryouts, convene with other coaches to review the completed evaluation forms. Discuss individual players, comparing notes and observations. Identify players who excel in specific positions and those who display overall strong athletic abilities. Consider the team's overall needs and balance when selecting the final roster. Prioritize players who not only display high skill levels but also demonstrate positive teamwork and sportsmanship.

Chapter 6: Communicating with Players and Parents:

Transparency is key. Communicate the selection process clearly to both players and parents. Provide timely feedback on individual performance. Whether selected or not, emphasize the player's effort and sportsmanship. Use positive and constructive language. This builds good relationships with families and helps players develop a positive attitude towards the sport, regardless of team selection.

Chapter 7: Legal and Ethical Considerations:

Adhere to all Little League rules and regulations. Ensure fairness and inclusivity. Avoid discrimination based on race, gender, religion, or ability. Maintain confidentiality concerning individual player evaluations. Proper documentation of the selection process protects the league from potential legal issues.

Conclusion: Building a Strong Team Through Effective Evaluation

A well-structured Little League tryout evaluation form is a vital tool for coaches. It allows for a fair, objective, and efficient evaluation process, leading to the creation of a strong and competitive team. By following the steps outlined in this guide, coaches can ensure a positive experience for all players while building a team poised for success. The key is to establish clear criteria, consistent scoring, and open communication throughout the process.

FAQs:

1. How many evaluators should I have at a tryout? Ideally, at least two, to provide a more comprehensive and less biased assessment.
2. What if a player excels in one area but struggles in others? Consider their overall potential and potential for improvement.
3. How do I handle situations where there are more players than roster spots? Prioritize players who demonstrate superior skills, teamwork, and a positive attitude.

4. How do I communicate negative feedback to a player or parent? Be constructive, focus on areas for improvement, and emphasize the player's effort.
5. What if a parent disputes the evaluation of their child? Have a clear, documented process for addressing concerns.
6. What are the legal implications of making biased player selections? This can lead to legal action; ensure the evaluation process is fair and objective.
7. Should the evaluation form be standardized across all Little League teams? While not mandatory, standardization increases consistency and fairness.
8. How often should the evaluation form be reviewed and updated? Consider updating it annually to reflect any rule changes or evolving best practices.
9. Can I use technology to assist in the tryout evaluation process? Yes, apps and software can aid in scoring and record-keeping.

Related Articles:

1. Little League Coaching Strategies: Discusses effective coaching techniques to improve player performance.
2. Developing Youth Baseball Players: Focuses on training and development programs for young players.
3. Little League Parent Guide: Provides helpful advice for parents on supporting their children's participation.
4. Common Baseball Injuries in Youth: Highlights common injuries and how to prevent them.
5. Building Team Cohesion in Little League: Offers strategies for fostering teamwork and positive team dynamics.
6. Little League Rules and Regulations: A comprehensive guide to the official Little League rules.
7. Creating a Positive Little League Experience: Emphasizes creating a fun and supportive environment for all players.
8. Effective Communication in Youth Sports: Discusses the importance of clear and respectful communication between coaches, players, and parents.
9. Choosing the Right Baseball Equipment for Youth Players: Provides advice on selecting appropriate and safe equipment.

little league tryout evaluation form: Literary Brooklyn Evan Hughes, 2011-08-16 For the first time, here is Brooklyn's story through the eyes of its greatest storytellers. Like Paris in the twenties or postwar Greenwich Village, Brooklyn today is experiencing an extraordinary cultural boom. In recent years, writers of all stripes—from Jhumpa Lahiri, Jennifer Egan, and Colson Whitehead to Nicole Krauss and Jonathan Safran Foer—have flocked to its patchwork of distinctive neighborhoods. But as literary critic and journalist Evan Hughes reveals, the rich literary life now flourishing in Brooklyn is part of a larger, fascinating history. With a dynamic mix of literary biography and urban history, Hughes takes us on a tour of Brooklyn past and present and reveals that hiding in Walt Whitman's Fort Greene Park, Hart Crane's Brooklyn Bridge, the raw Williamsburg of Henry Miller's youth, Truman Capote's famed house on Willow Street, and the contested streets of Jonathan Lethem's Boerum Hill is the story of more than a century of life in America's cities. Literary Brooklyn is a prismatic investigation into a rich literary inheritance, but most of all it's a deep look into the beloved borough, a place as diverse and captivating as the people who walk its streets and write its stories.

little league tryout evaluation form: **Any Given Monday** James R. Andrews, 2013-01-08 From tennis elbow to severe trauma, Dr. James Andrews has treated countless sports injuries during his unparalleled medical career. An orthopedic surgeon, well known for performing Tommy John

surgeries, and a consultant to some of the fiercest teams in college and professional sports, Dr. Andrews is the father of modern sports medicine and one of the most influential figures in the world of athletics. In *Any Given Monday*, he distills his practical wisdom and professional advice to combat a growing epidemic of injury among sports' most vulnerable population: its young athletes. Every year more than 3.5 million children will require medical treatment for sports-related injuries, the majority of which are avoidable through proper training and awareness. *Any Given Monday* is Dr. Andrews's sport-by-sport guide to injury prevention and treatment, written specifically for the parents, grandparents, and coaches of young athletes. From identifying eating disorders to preventing career-ending ACL tears and concussions, *Any Given Monday* is a compendium of practical advice for every major sport, including football, gymnastics, judo, basketball, tennis, baseball, cheerleading, wrestling, and more. This invaluable guide reveals how young athletes can maximize their talent and maintain a lifetime of health both on the field and off.

little league tryout evaluation form: Carrying Jackie's Torch Steve Jacobson, 2009 The real and painful struggles of the black players who followed Jackie Robinson into major and minor league baseball from 1947 to 1968 are chronicled in this compelling volume. Players share their personal and often heart-wrenching stories of intense racism, both on and off the field, mixed with a sometimes begrudged appreciation for their tremendous talents. Stories include incidents of white players who gave up promising careers in baseball because they wouldn't play with a black teammate, the Georgia law that forbade a black player from dressing in the same clubhouse as the white players, the quotas for the number of blacks on a team, and how salary negotiations without agents or free agency were akin to a plantation system for both black and white players. The 20 players profiled include Ernie Banks, Alvin Jackson, Charlie Murray, Chuck Harmon, Frank Robinson, Bob Gibson, Hank Aaron, Curt Flood, Lou Brock, and Bob Watson.

little league tryout evaluation form: Youth Soccer Drills, 3E Garland, Jim, 2014-04-16 *Youth Soccer Drills*, Third Edition, presents 100 drills and games for developing skills in dribbling, passing, collecting, heading, and shooting. All are easy to follow with clear descriptions and kid-friendly field diagrams, making them easy for coaches to teach and players to understand. Sample practice plans, variations, and coaching tips are included.

little league tryout evaluation form: The Pizza Bible Tony Gemignani, 2014-10-28 A comprehensive guide to making pizza, covering nine different regional styles—including Neapolitan, Roman, Chicago, and Californian—from 12-time world Pizza Champion Tony Gemignani. Everyone loves pizza! From fluffy Sicilian pan pizza to classic Neapolitan margherita with authentic charred edges, and from Chicago deep-dish to cracker-thin, the pizza spectrum is wide and wonderful, with something to suit every mood and occasion. And with so many fabulous types of pie, why commit to just one style? *The Pizza Bible* is a complete master class in making delicious, perfect, pizzeria-style pizza at home, with more than seventy-five recipes covering every style you know and love, as well as those you've yet to fall in love with. Pizzaiolo and twelve-time world pizza champion Tony Gemignani shares all his insider secrets for making amazing pizza in home kitchens. With *The Pizza Bible*, you'll learn the ins and outs of starters, making dough, assembly, toppings, and baking, how to rig your home oven to make pizza like the pros, and all the tips and tricks that elevate home pizza-making into a craft.

little league tryout evaluation form: The Circle Dave Eggers, 2013-10-08 **INTERNATIONAL BESTSELLER** • A bestselling dystopian novel that tackles surveillance, privacy and the frightening intrusions of technology in our lives—a “compulsively readable parable for the 21st century” (*Vanity Fair*). When Mae Holland is hired to work for the Circle, the world's most powerful internet company, she feels she's been given the opportunity of a lifetime. The Circle, run out of a sprawling California campus, links users' personal emails, social media, banking, and purchasing with their universal operating system, resulting in one online identity and a new age of civility and transparency. As Mae tours the open-plan office spaces, the towering glass dining facilities, the cozy dorms for those who spend nights at work, she is thrilled with the company's modernity and activity. There are parties that last through the night, there are famous musicians playing on the lawn, there

are athletic activities and clubs and brunches, and even an aquarium of rare fish retrieved from the Marianas Trench by the CEO. Mae can't believe her luck, her great fortune to work for the most influential company in the world—even as life beyond the campus grows distant, even as a strange encounter with a colleague leaves her shaken, even as her role at the Circle becomes increasingly public. What begins as the captivating story of one woman's ambition and idealism soon becomes a heart-racing novel of suspense, raising questions about memory, history, privacy, democracy, and the limits of human knowledge.

little league tryout evaluation form: The Arm Jeff Passan, 2016-04-05 Yahoo's lead baseball columnist offers an in-depth look at the most valuable commodity in sports—the pitching arm—and how its vulnerability to injury is hurting players and the game, from Little League to the majors. Every year, Major League Baseball spends more than \$1.5 billion on pitchers—five times more than the salary of every NFL quarterback combined. Pitchers are the game's lifeblood. Their import is exceeded only by their fragility. One tiny band of tissue in the elbow, the ulnar collateral ligament, is snapping at unprecedented rates, leaving current big league players vulnerable and the coming generation of baseball-playing children dreading the three scariest words in the sport: Tommy John surgery. Jeff Passan traveled the world for three years to explore in-depth the past, present, and future of the arm, and how its evolution left baseball struggling to wrangle its Tommy John surgery epidemic. He examined what compelled the Chicago Cubs to spend \$155 million on one arm. He snagged a rare interview with Sandy Koufax, whose career was cut short by injury at thirty, and visited Japan to understand how another baseball-mad country treats its prized arms. And he followed two major league pitchers, Daniel Hudson and Todd Coffey, throughout their returns from Tommy John surgery. He exposes how the baseball establishment long ignored the rise in arm injuries and reveals how misplaced incentives across the sport stifle potential changes. Injuries to the UCL start as early as Little League. Without a drastic cultural shift, baseball will continue to lose hundreds of millions of dollars annually to damaged pitchers, and another generation of children will suffer the same problems that vex current players. Informative and hard-hitting, *The Arm* is essential reading for everyone who loves the game, wants to keep their children healthy, or relishes a look into how a large, complex institution can fail so spectacularly.

little league tryout evaluation form: Changing the Game John O'Sullivan, 2013-12-01 The modern day youth sports environment has taken the enjoyment out of athletics for our children. Currently, 70% of kids drop out of organized sports by the age of 13, which has given rise to a generation of overweight, unhealthy young adults. There is a solution. John O'Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes, but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses, scholarships, and professional aspirations. *Changing the Game* gives adults a new paradigm and a game plan for raising happy, high performing children, and provides a national call to action to return youth sports to our kids.

little league tryout evaluation form: The Sports Gene David Epstein, 2014-04-29 The New York Times bestseller - with a new afterword about early specialization in youth sports - from the author of *Range: Why Generalists Triumph in a Specialized World*. The debate is as old as physical competition. Are stars like Usain Bolt, Michael Phelps, and Serena Williams genetic freaks put on Earth to dominate their respective sports? Or are they simply normal people who overcame their biological limits through sheer force of will and obsessive training? In this controversial and engaging exploration of athletic success and the so-called 10,000-hour rule, David Epstein tackles the great nature vs. nurture debate and traces how far science has come in solving it. Through on-the-ground reporting from below the equator and above the Arctic Circle, revealing conversations with leading scientists and Olympic champions, and interviews with athletes who have rare genetic mutations or physical traits, Epstein forces us to rethink the very nature of athleticism.

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teams. This new edition of Softball Skills & Drills is completely updated with more skills, more drills and strategies, and more of the stellar instruction that have made it the top-selling title on the sport. Judi Garman, one of the winningest coaches in NCAA history, teams with Cal State Fullerton's Michelle Gromacki to share their secrets to developing and mastering every aspect of the game. With step-by-step instruction, full-color photo sequences, technique tips, and unique insight into the game, you'll learn every fundamental skill: •Hitting •Bunting •Slap Hitting •Baserunning •Sliding •Fielding •Throwing •Pitching •Catching And with over 230 of the game's best drills, coverage of team offense and defense, pitch selection, pitch recognition, and in-game strategies, Softball Skills and Drills is simply the most comprehensive and practical guide on the sport. Whether striving to become a complete player or preparing your team for another championship run, Softball Skills & Drills is the one book you cannot be without.

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little league tryout evaluation form: *Educational Evaluation: Classic Works of Ralph W. Tyler* George F. Madaus, D.L. Stufflebeam, 2012-12-06 I personally learned to know Ralph Tyler rather late in his career when, in the 1960s, I spent a year as a Fellow at the Center for Advanced Study in the Behavioral Sciences at Stanford. His term of office as Director of the Center was then approaching its end. This would seem to disqualify me thoroughly from preparing a Foreword to this *Classic Works*. Many of his colleagues and, not least, of his students at his dear Alma Mater, the University of Chicago, are certainly better prepared than I to put his role in American education in proper perspective. The reason for inviting me is, I assume, to bring out the influence that Tyler has had on the international educational scene. I am writing this Foreword on a personal note. Ralph Tyler's accomplishments in his roles as a scholar, policy maker, educational leader, and statesman have been amply put on record in this book, not least in the editors' Preface. My reflections are those of an observer from abroad but who, over the last 25 years, has been close enough to overcome the aloofness of the foreigner. Tyler has over many years been criss-crossing the North American continent generously giving advice to agencies at the federal, state, and local levels, lecturing, and serving on many committees and task forces that have been instrumental in shaping American education.

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with improving or building plinths, including planners, building owners, property and shop managers, designers, and architects.

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and the development of the New York Yankees scouting system, interviews with former players Johnny Pesky and Fernando Perez about being scouted, and much more.

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Since its earliest days, flight has been about pushing the limits of technology and, in many cases, pushing the limits of human endurance. The human body can be the limiting factor in the design of aircraft and spacecraft. Humans cannot survive unaided at high altitudes. There have been a number of books written on the subject of spacesuits, but the literature on the high-altitude pressure suits is lacking. This volume provides a high-level summary of the technological development and operational use of partial- and full-pressure suits, from the earliest models to the current high altitude, full-pressure suits used for modern aviation, as well as those that were used for launch and entry on the Space Shuttle. The goal of this work is to provide a resource on the technology for suits designed to keep humans alive at the edge of space.--NTRS Web site.

little league tryout evaluation form: Basketball Skills and Drills Jerry Krause, Don Meyer, Jerry Meyer, 2008 Great basketball players like Tim Duncan and Dwyane Wade draw oohs and aahs with their spectacular moves. But before those players developed their superstar flair, they built a solid base of fundamental skills in all phases of the game. Basketball Skills & Drills provides a perfect blueprint for building the foundation that every well-rounded player needs. This special book and DVD package demonstrates each key skill: -Player positioning -Moving without the ball -Shooting -Passing, catching, and dribbling -Perimeter moves -Post moves -Defense -Rebounding The skills and 90 drills, coaching tips, and DVD reinforce the skill instruction, emphasize key points, and explain how to correct common errors. And since individual skills are effective only when used within the team concept, the book also covers key team principles for both ends of the court. Tactics for offense, including special situations such as out-of-bounds plays, will improve spacing, ball and player movement, shot selection, and scoring. Defensive tactics emphasize positioning, pressure, and various systems to apply in each area or level of the court. To be an all-star, you must be fundamentally sound. Basketball Skills & Drills is your guide to becoming a complete player--one who can change the game with great moves and smart play.

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Jim Popham's widely popular Classroom Assessment shows teachers how to use classroom testing skillfully and formatively to dramatically increase their teaching effectiveness and make a difference in how well students learn. As in past editions, the author pays particular attention to the instructional payoffs of well-designed classroom tests and highlights the implications of testing on teaching throughout in special But What Does This Have to Do with Teaching? sections in each chapter. Decision Time vignettes present practical classroom problems and show readers actual decisions being made. Parent Talk features describe situations in which a teacher needs to explain something about assessment to parents and show what the author would say in that situation. And a lighter tone is established with cartoons to which readers can relate. The new Eighth Edition highlights the increasing importance of educational assessment in an era of common core state standards and teacher evaluations based on students' tests scores, incorporates the Standards for Educational and Psychological testing guidelines throughout relevant sections, and includes a new section on instructionally diagnostic tests to help readers evaluate the merits of commercial or locally developed diagnostic assessment. Also available with MyLab Education MyLab(tm) is the teaching and learning platform that empowers you to reach every student. By combining trusted author content with digital tools and a flexible platform, MyLab personalizes the learning experience and improves results for each student. MyLab Education helps teacher candidates bridge the gap between theory and practice-better preparing them for success in their future classrooms. Note: You are purchasing a standalone product; MyLab Education does not come packaged with this content. Students, if interested in purchasing this title with MyLab Education, ask your instructor to confirm the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more

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Information about cards and collectibles as well as historical information on baseball music, stadiums, training, equipment, camps and tours, leagues and teams, jobs in baseball, etc.

little league tryout evaluation form: Renewing the Vision, 1997 This volume provides all who minister to young people with an effective blueprint for building a truly meaningful ministry

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"10-Minute Toughness is a solid mental training program. In fact I feel it is the best of its kind. . . . [It's] what the title says: ten minutes a day that connects your talents and abilities to the outcome you're seeking. As a retired NFL player looking forward, I can see as many applications for the toughness Jason Selk's program brought out of me in the business world as there were on the football field." --Jeff Wilkins, Former NFL Pro Bowl Kicker "The mental side of the game is extremely important. 10-Minute Toughness helps the players develop the mental toughness needed for success; it really makes a difference." --Walt Jocketty, General Manager of the 2006 World Champion St. Louis Cardinals "Jason Selk has spent a tremendous amount of time and energy developing effective mental-training programs and coaches workshops. He is truly committed to helping individuals and teams to perform at their very best, when it really counts." --Peter Vidmar, Olympic Gold Medalist Mental training is a must for high performance both on the field and off. But simply hoping for mental toughness isn't going to build any mind muscles. You need a proven routine of daily exercises to get you where you want to go. 10-Minute Toughness is your personal coach for boosting brainpower and achieving a competitive edge in whatever game you play. With quickness and ease, you'll learn how to master your own mind and psych out your opponents using personalized techniques from one of America's most successful sport psychology consultants. Like no other program available, the 10-Minute Toughness (10-MT) routine gets you ready for the competition in just ten minutes a day.

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Building the Perfect Pitcher the why's of training a pitcher; everything from posture, optimizing health, durability, power, speed and strength. This researched cited book rips into the finer details of pitching and performance. Increase MPH off the mound Learn to move better to develop better mechanics Increase muscle mass to increase force production Learn the secrets to proper pitching conditioning Enhance your pitching knowledge Eliminate nagging injuries and prevent future ones

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collection provide a probing look into how sports—in community athletic leagues, in schools, and even on television—play a major role in how young people view themselves, shape their identities, and imagine their place in society. Rather than focusing exclusively on self-proclaimed jocks, the book considers how the culture of sports affects a wide variety of children and young people, including those who opt out of athletics. Not only does *Child's Play* examine disparities across lines of race, class, and gender, it also offers detailed examinations of how various minority populations, from transgender youth to Muslim immigrant girls, have participated in youth sports. Taken together, these essays offer a wide range of approaches to understanding the sociology of youth sports, including data-driven analyses that examine national trends, as well as ethnographic research that gives a voice to individual kids. *Child's Play* thus presents a comprehensive and compelling analysis of how, for better and for worse, the culture of sports is integral to the development of young people—and with them, the future of our society.

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Position by position Guide to Learning to Play the Game
QuarterbackRunning backReceiverOffensive LineDefensive LineLinebackerDefensive BackPlacekickerPunterKick Returner

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other aspects of the game: Warming up; Ball handling; Passing; Serving; Receiving; Team building; Situational play; Offense; Defense; Transition play. Complete with detailed diagrams, illustrations, coaching tips, variations, and practice advice, The Volleyball Drill Book provides you with everything you need to master essential skills, sharpen execution, and improve on-court performance. Whether you wish to develop new skills or fine-tune your game, rely on the drills that have produced the sport's top players and most dominating teams. The Volleyball Drill Book is the one and only drill book you'll ever need.

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