

dolores cannon pdf

dolores cannon pdf materials have become increasingly sought after by individuals interested in past life regression, metaphysics, and spiritual exploration. Dolores Cannon was a renowned hypnotherapist and author who developed unique regression techniques that uncovered profound insights into human consciousness and the mysteries of the universe. Her extensive body of work comprises dozens of books and transcripts that delve into subjects such as reincarnation, extraterrestrial life, and the nature of reality. Many readers look for a Dolores Cannon PDF to access her teachings conveniently and explore her groundbreaking research. This article provides a comprehensive overview of Dolores Cannon's work, the significance of her PDFs, and how these digital resources contribute to the study of metaphysical topics. Additionally, it covers the ethical considerations and legal aspects related to accessing or distributing Dolores Cannon PDFs.

- The Life and Legacy of Dolores Cannon
- Understanding Dolores Cannon's Hypnosis Techniques
- The Content and Themes of Dolores Cannon PDFs
- How to Find Authentic Dolores Cannon PDF Resources
- Benefits of Using Dolores Cannon PDFs for Study
- Legal and Ethical Considerations Regarding Dolores Cannon PDFs

The Life and Legacy of Dolores Cannon

Dolores Cannon was an influential figure in the fields of hypnosis and metaphysical research. Beginning her career as a traditional hypnotherapist, she eventually developed her own method known as Quantum Healing Hypnosis Technique (QHHT). Over five decades, Cannon conducted thousands of sessions that revealed extraordinary information about past lives, interdimensional travel, and cosmic truths. Her writings have inspired a global audience and contributed substantially to the spiritual and new age communities.

Early Career and Development of QHHT

Dolores Cannon's early work involved conventional hypnotherapy, but her curiosity about past lives led her to explore deeper states of consciousness. Through years of experimentation and case studies, she refined her approach to induce trance states that allowed clients to access memories beyond their current lifetime. This method became known as Quantum Healing Hypnosis Technique, which emphasizes healing and knowledge acquisition through subconscious exploration.

Impact on Spiritual and Metaphysical Communities

Cannon's books and teachings have had a profound impact on those interested in spirituality, reincarnation, and alternative healing. Her work opened doors to understanding existence from a non-materialistic perspective, challenging conventional scientific paradigms. Today, her legacy continues through workshops, trained practitioners, and a vast collection of written material available in various formats, including PDFs.

Understanding Dolores Cannon's Hypnosis Techniques

Dolores Cannon's hypnosis techniques are distinctive for their depth and ability to access subconscious information that is typically inaccessible through normal means. The Quantum Healing Hypnosis Technique guides individuals into a deep trance state where they can explore past lives, future possibilities, and spiritual guidance.

Quantum Healing Hypnosis Technique Explained

QHHT involves a trained practitioner leading a subject into an alpha or theta brainwave state, which facilitates communication with the subconscious mind or "Higher Self." In this state, individuals retrieve memories and receive answers to complex questions about their soul's journey, health, and purpose. This technique differs significantly from traditional hypnosis by focusing not only on symptom relief but also on spiritual healing and universal knowledge.

Applications of Dolores Cannon's Hypnosis Method

Various applications of QHHT include:

- Exploration of past lives and their influence on present life challenges.
- Contact with spiritual guides or higher consciousness entities.
- Resolution of physical, emotional, and psychological issues through subconscious insight.
- Understanding of universal laws, extraterrestrial encounters, and cosmic history.

The Content and Themes of Dolores Cannon PDFs

Dolores Cannon PDFs typically contain transcripts of hypnosis sessions, detailed explanations of metaphysical concepts, and guided instructions for practitioners and self-learners. These documents provide a rich source of knowledge about the soul's evolution and the hidden dimensions of reality.

Core Themes Explored in Dolores Cannon PDFs

The primary themes found in Dolores Cannon's digital texts include:

- **Past Life Regression:** Documented case studies of individuals recalling previous incarnations and their lessons.
- **Extraterrestrial Life:** Descriptions of alien civilizations, their interactions with Earth, and spiritual implications.
- **Spiritual Healing:** Techniques and insights for healing through subconscious understanding and energy work.
- **The Nature of Reality:** Philosophical and cosmological explanations about multiple dimensions and timelines.
- **Universal Laws:** Exploration of karma, reincarnation, and the soul's purpose in the grand design.

Structure and Accessibility of Dolores Cannon PDFs

Most Dolores Cannon PDFs are organized into chapters or session transcripts that combine narrative with direct dialogue from hypnotic sessions. This format allows readers to follow the progression of discoveries and gain practical knowledge. These files are often used by students, researchers, and practitioners to deepen their understanding or to prepare for conducting their own QHHT sessions.

How to Find Authentic Dolores Cannon PDF Resources

Finding legitimate Dolores Cannon PDF materials requires careful consideration to avoid unauthorized or incomplete versions. Authentic PDFs are generally provided by official publishers, authorized practitioners, or through reputable metaphysical bookstores in digital format.

Sources for Authentic Dolores Cannon PDFs

Reliable sources typically include:

- Official websites and platforms linked to Dolores Cannon's estate or authorized representatives.
- Certified QHHT practitioners who provide educational materials as part of training programs.
- Established online bookstores specializing in spiritual and metaphysical literature.

Risks of Downloading Unverified PDFs

Unauthorized PDFs often suffer from quality issues such as incomplete content, poor formatting, or inaccurate information. Additionally, downloading pirated materials may infringe on copyright laws and undermine the intellectual property rights of the author and publishers. It is crucial to verify the authenticity of the source before obtaining Dolores Cannon PDFs.

Benefits of Using Dolores Cannon PDFs for Study

Utilizing Dolores Cannon PDFs offers several advantages for students and enthusiasts of metaphysical studies. The convenience of digital format allows for easy access, portability, and the ability to search text for specific topics or terms.

Advantages of Digital Access

Some key benefits include:

- **Portability:** Access content on multiple devices, including smartphones, tablets, and computers.
- **Searchability:** Quickly locate specific chapters, concepts, or case studies using keyword search functions.
- **Cost-Effectiveness:** Some PDFs may be more affordable than physical books and eliminate shipping fees.
- **Environmentally Friendly:** Digital files reduce paper consumption and physical waste.
- **Ease of Annotation:** Many PDF readers allow users to highlight, bookmark, and add notes for study purposes.

Enhancing Learning Through Dolores Cannon PDFs

Students and practitioners can deepen their understanding by reviewing detailed hypnosis transcripts and thematic analyses repeatedly. The structured presentation in PDFs supports methodical study and can complement experiential learning through workshops or hypnosis sessions.

Legal and Ethical Considerations Regarding Dolores Cannon PDFs

Respecting copyright and intellectual property rights is essential when accessing or distributing Dolores Cannon PDFs. Unauthorized reproduction or sharing of these materials may violate legal statutes and ethical norms.

Copyright and Intellectual Property Rights

The majority of Dolores Cannon's works are protected by copyright laws, and distribution rights are managed by publishers or authorized entities. Users must ensure that any PDFs they acquire are legally obtained and not pirated copies. This protects the legacy of the author and supports continued publication and dissemination of her work.

Ethical Use and Sharing of Dolores Cannon PDFs

Ethical considerations include:

1. Obtaining materials through legitimate channels.
2. Respecting the author's intellectual property by refraining from unauthorized sharing.
3. Supporting official publications and practitioners who contribute to preserving Dolores Cannon's teachings.
4. Using the materials responsibly for personal study, research, or professional development without commercial exploitation unless authorized.

Frequently Asked Questions

Who is Dolores Cannon and what is her significance in metaphysical studies?

Dolores Cannon was a renowned hypnotherapist and author known for her pioneering work in past life regression and metaphysical topics. She developed the Quantum Healing Hypnosis Technique (QHHT) and authored numerous books exploring spirituality, reincarnation, and extraterrestrial life.

Are Dolores Cannon's books available in PDF format legally?

Yes, some of Dolores Cannon's books may be available in PDF format through official channels such as her publishing company or authorized distributors. It's important to obtain these PDFs legally to respect copyright laws and support the author's legacy.

Where can I find free or paid Dolores Cannon PDF books?

Dolores Cannon's books can be found in PDF format on official websites like her publishing company, authorized online bookstores, or platforms like Amazon Kindle. Free versions may be available on certain websites, but users should ensure these are legal

copies to avoid copyright infringement.

What are some popular Dolores Cannon books that people look for in PDF?

Some popular Dolores Cannon books include 'The Convoluted Universe' series, 'Between Death and Life,' 'The Three Waves of Volunteers and the New Earth,' and 'Keepers of the Garden.' These titles are frequently sought after in PDF format by readers interested in her work.

Can I use Dolores Cannon PDF books for study and research purposes?

Yes, Dolores Cannon's PDF books can be used for personal study and research, provided they are acquired legally. Many researchers and spiritual practitioners use her work as a foundation for exploring past life regression, spirituality, and consciousness studies.

What should I be cautious about when downloading Dolores Cannon PDFs online?

When downloading Dolores Cannon PDFs online, be cautious of unauthorized or pirated copies that violate copyright laws. These may also contain malware or altered content. Always download from reputable sources or purchase from official distributors to ensure authenticity and safety.

Additional Resources

1. The Convoluted Universe Series by Dolores Cannon

This series explores the complex layers of reality as uncovered through Dolores Cannon's deep hypnosis sessions. It delves into topics such as parallel universes, extraterrestrial life, and the true nature of the soul. Each volume unveils profound insights that challenge conventional understanding of existence.

2. The Three Waves of Volunteers and the New Earth

In this book, Dolores Cannon discusses the concept of volunteers who have incarnated on Earth to assist in its spiritual evolution. She explains the unique characteristics and missions of these souls, highlighting their struggles and contributions. The book offers hope and guidance for those feeling out of place in today's world.

3. Between Death and Life: Conversations with a Spirit

This work presents fascinating dialogues with spirits during hypnosis that reveal what happens after death. It covers the soul's journey, reincarnation, and the purpose behind life's challenges. Dolores Cannon's compassionate approach helps readers understand life beyond the physical realm.

4. Keepers of the Garden

Dolores Cannon uncovers the story of ancient extraterrestrial beings who planted life on

Earth and continue to watch over humanity. The book combines past-life regressions and cosmic insights to explain humanity's origins and future. It offers a unique perspective on the interconnectedness of all life.

5. *The Custodians: Beyond Abduction*

Focusing on extraterrestrial abduction phenomena, this book goes beyond the typical narratives to explore the purpose and outcomes of such encounters. Dolores Cannon shares detailed case studies and the messages conveyed by these "custodians." It challenges readers to rethink the relationship between humans and alien beings.

6. *They Walked with Jesus: Past Life Experiences with Christ*

This book contains hypnotic past-life regressions revealing lives that intertwined with Jesus Christ. Dolores Cannon provides profound insights into historical and spiritual contexts surrounding Jesus' time on Earth. It enriches the understanding of faith through experiential accounts.

7. *The Legend of Starcrash*

In this narrative, Dolores Cannon shares stories of cosmic events and ancient star civilizations. The book combines metaphysical concepts with historical anecdotes to illustrate humanity's cosmic heritage. It is a captivating read for those interested in space, spirituality, and ancient mysteries.

8. *The Search for Hidden Sacred Knowledge*

This book investigates ancient wisdom and secret knowledge preserved throughout history. Dolores Cannon's hypnotic sessions reveal lost teachings and their relevance to modern spiritual awakening. It encourages readers to seek deeper truths beyond mainstream narratives.

9. *The Diary of Dolores Cannon: A Psychic Journey*

Offering a personal glimpse into Dolores Cannon's life and work, this diary chronicles her psychic development and groundbreaking discoveries. It provides context and background to her hypnosis research and evolving philosophy. Readers gain an intimate understanding of the woman behind these transformative books.

Dolores Cannon Pdf

Dolores Cannon PDF: Unlocking the Mysteries of Quantum Healing and Past Lives

Ebook Title: Quantum Healing and Past Lives: Exploring Dolores Cannon's Techniques

Contents Outline:

Introduction: A brief overview of Dolores Cannon's life and work, introducing the Quantum Healing Hypnosis Technique (QHHT).

Chapter 1: Understanding QHHT: A detailed explanation of the QHHT process, its principles, and its applications.

Chapter 2: Past Life Regression: Exploring the methodology and potential benefits of past life regression using QHHT. Includes case studies and examples.

Chapter 3: Soul Fragments and Soul Retrieval: Discussing the concept of soul fragments and how QHHT can help retrieve them for improved well-being.

Chapter 4: Accessing the Subconscious: Delving into the power of the subconscious mind and how QHHT facilitates communication with it.

Chapter 5: Healing Through QHHT: Examining the various ways QHHT can promote physical, emotional, and spiritual healing.

Chapter 6: The Higher Self and Spiritual Growth: Exploring the role of the Higher Self in the QHHT process and its contribution to spiritual development.

Chapter 7: Ethical Considerations and Responsible Practice: Addressing the ethical implications of QHHT and providing guidelines for responsible application.

Conclusion: Summarizing key concepts and encouraging further exploration of QHHT and Dolores Cannon's work.

Dolores Cannon PDF: A Deep Dive into Quantum Healing Hypnosis Technique (QHHT)

Dolores Cannon, a renowned hypnotherapist, left an enduring legacy through her pioneering work in Quantum Healing Hypnosis Technique (QHHT). This technique allows individuals to access their subconscious mind and uncover profound insights into past lives, soul fragments, and the true nature of their being. The demand for Dolores Cannon PDFs, containing her research and transcripts of QHHT sessions, reflects a growing global interest in exploring the mysteries of the human consciousness and unlocking personal healing. This article provides a comprehensive overview of the key concepts found within these valuable resources.

Understanding QHHT: A Journey into the Subconscious

(Chapter 1: Understanding QHHT) QHHT differs significantly from traditional hypnotherapy. It's not about suggestion or manipulation but about guiding the individual to access their own subconscious, the repository of their life's experiences, both past and present. Cannon's method utilizes a specific hypnotic induction process, gently guiding the client into a deep trance state where their Higher Self – a wise, compassionate aspect of their soul – can communicate directly. The Higher Self acts as a guide, providing information and facilitating healing. The process often involves past life regression, but it's not limited to it; QHHT can address a wide range of issues, from physical ailments to emotional traumas and spiritual blockages. Understanding the nuanced approach and the role of the Higher Self is crucial to appreciating the power of QHHT as detailed in various Dolores Cannon PDFs.

Past Life Regression: Unveiling Past Lives and Their Impact

(Chapter 2: Past Life Regression) A significant aspect of QHHT involves exploring past lives. These past life regressions, guided by the Higher Self, aren't mere fantasies; they are often deeply meaningful experiences that reveal the origins of current challenges and patterns. Through these regressions, individuals can gain insight into the root causes of phobias, recurring relationships, unexplained health issues, and limiting beliefs. Dolores Cannon's PDFs provide numerous accounts of past life regressions, demonstrating how understanding past lives can lead to profound healing and personal growth. The sessions reveal not just the historical details of past lives but also the emotional and spiritual lessons learned and carried forward into the present.

Soul Fragments and Soul Retrieval: Reintegrating Disconnected Parts of the Self

(Chapter 3: Soul Fragments and Soul Retrieval) The concept of soul fragments, a central theme in many Dolores Cannon PDFs, proposes that parts of our soul can become separated due to trauma or difficult experiences. These fragmented parts can manifest as emotional imbalances, self-sabotage, and a sense of incompleteness. QHHT can facilitate the retrieval of these fragments, reintegrating them back into the whole self, leading to greater emotional balance and wholeness. The process often involves connecting with these fragments in different timelines and dimensions, often uncovering profound insights about one's own spiritual journey.

Accessing the Subconscious: The Gateway to Healing and Self-Discovery

(Chapter 4: Accessing the Subconscious) The subconscious mind, according to Dolores Cannon's work, holds vast amounts of information and wisdom inaccessible to the conscious mind. QHHT provides a safe and effective method for accessing this reservoir of knowledge, facilitating healing and personal growth. The subconscious can reveal the origins of physical ailments, emotional blocks, and subconscious beliefs shaping a person's reality. The information uncovered through QHHT often sheds light on the interconnectedness of the mind, body, and spirit. Dolores Cannon's PDFs illustrate countless examples of how this access to the subconscious has facilitated profound healing and transformation.

Healing Through QHHT: Addressing Physical, Emotional, and Spiritual Issues

(Chapter 5: Healing Through QHHT) QHHT isn't merely a technique for exploring past lives; it's a powerful tool for healing. Many Dolores Cannon PDFs document cases where QHHT has led to remarkable improvements in physical health, emotional well-being, and spiritual growth. By addressing the root causes of problems, whether they stem from past lives, subconscious beliefs, or soul fragments, QHHT helps individuals achieve a deeper level of healing and self-acceptance. This holistic approach to healing is a defining characteristic of Cannon's work.

The Higher Self and Spiritual Growth: Connecting with Your Inner Wisdom

(Chapter 6: The Higher Self and Spiritual Growth) A core element of QHHT is the engagement with the Higher Self, the wiser, more evolved aspect of one's being. The Higher Self acts as a guide and healer throughout the QHHT session, offering insights, guidance, and support. Connecting with the Higher Self fosters spiritual growth, promoting self-awareness, expanded consciousness, and a deeper understanding of one's purpose in life. Dolores Cannon's PDFs highlight numerous instances where individuals experienced profound spiritual awakenings and a heightened sense of connection to something larger than themselves.

Ethical Considerations and Responsible Practice: Guiding Principles for QHHT

(Chapter 7: Ethical Considerations and Responsible Practice) As with any powerful therapeutic technique, QHHT requires a responsible and ethical approach. Dolores Cannon emphasized the importance of respecting the client's autonomy, maintaining confidentiality, and avoiding any form of manipulation. It's crucial to understand the ethical boundaries and guidelines to ensure the responsible application of QHHT. This aspect, while not always explicitly detailed in all her PDFs, is crucial for practitioners and those seeking to learn and apply her methods.

Conclusion: Embracing the Power of QHHT

The Dolores Cannon PDFs offer a rich tapestry of experiences, insights, and profound transformations. By understanding the core principles of QHHT, one can appreciate the power of this technique to unlock the mysteries of the subconscious, explore past lives, and embark on a journey of healing and self-discovery. These PDFs are a valuable resource for anyone seeking to understand their own consciousness and explore the potential for deep personal growth.

FAQs

1. What is QHHT? QHHT stands for Quantum Healing Hypnosis Technique, a form of hypnotherapy developed by Dolores Cannon that allows access to the subconscious and Higher Self.
2. Is QHHT safe? When performed by a qualified and ethical practitioner, QHHT is generally considered safe.

3. Can QHHT cure physical illnesses? While QHHT cannot replace medical treatment, it can address the underlying emotional or spiritual causes contributing to physical ailments.
4. How long does a QHHT session last? A typical QHHT session can last 3-5 hours or longer.
5. What are the benefits of past life regression through QHHT? Past life regression can provide insights into the root causes of current challenges, phobias, and limiting beliefs.
6. What is the role of the Higher Self in QHHT? The Higher Self acts as a guide, offering information, healing, and support throughout the session.
7. Are Dolores Cannon's books and PDFs reliable? While anecdotal, the numerous accounts documented in her work support the validity of QHHT and its effectiveness.
8. Where can I find Dolores Cannon PDFs? Authorized PDFs may be available through various online retailers or from practitioners. Be cautious of unauthorized copies.
9. Do I need to be hypnotizable for QHHT? QHHT uses a unique approach to hypnosis; it's designed to be accessible to most people.

Related Articles:

1. Dolores Cannon's Legacy: A Retrospective on Her Work: Explores the impact of Cannon's research on the fields of hypnotherapy and spiritual exploration.
2. The Science Behind QHHT: Exploring the Quantum Aspects: Examines the scientific perspectives and theories related to the quantum aspects of QHHT.
3. QHHT vs. Traditional Hypnotherapy: Key Differences and Applications: Compares and contrasts QHHT with other forms of hypnotherapy.
4. Case Studies in QHHT: Real-Life Examples of Healing and Transformation: Presents documented case studies illustrating the diverse applications and benefits of QHHT.
5. Finding a Qualified QHHT Practitioner: Tips and Guidelines: Provides guidance on locating certified and reputable QHHT practitioners.
6. The Role of the Higher Self in Spiritual Awakening: Explores the concept of the Higher Self and its significance in spiritual development.
7. Understanding Past Life Regression: Myths and Realities: Addresses common misconceptions and clarifies the nature of past life regression experiences.
8. Overcoming Soul Fragmentation: Techniques for Healing and Integration: Focuses on the process of identifying and healing fragmented aspects of the self.
9. Integrating QHHT Insights into Daily Life: Practical Applications for Personal Growth: Offers

practical advice on integrating the insights gained through QHHT into daily life for sustained growth.

dolores cannon pdf: Keepers of the Garden Dolores Cannon, 1993 Dolores Cannon uses information obtained from regressive hypnosis to formulate a provocative viewpoint on the ancient astronaut theory of human origins. Her findings indicate that the earth was seeded eons ago by travellers from outer space. These visits by ancient extraterrestrials did not end with their intervention in human evolution. They have continued up to the present day resulting in a whole class of contemporary humans who have been subject to alien abduction.

dolores cannon pdf: The Legend of Starcrash Dolores Cannon, 1994 Through regressive hypnosis a lost legend of the history of mankind has been retrieved from the recesses of time. Did the American Indians descend from the inhabitants of an alien spacecraft that crashed in the Alaska-Canada region thousands of years ago? Starcrash indicates that aliens continued to come to Earth, some intentionally and by accident, throughout our history. In order to adjust to harsh conditions they were forced to interbreed with the local aborigines. This was the only way to insure the survival of their race. Does their blood still flow in the veins of certain American Indian tribes?

dolores cannon pdf: Between Death and Life Dolores Cannon, 1993 Dolores has accumulated information about the Death experience and what lies beyond through 16 years of hypnotic research and past-life therapy. While retrieving past-life experiences, hundreds of subjects reported the same memories when experiencing their death, the spirit realm, and their rebirth. This book also explores: * Guides and guardian angels* Ghosts and poltergeists* Planning your present lifetime and karmic relationships before your birth* The significance of bad lifetimes* Perceptions of God and the Devil* And much more

dolores cannon pdf: Horns of the Goddess Dolores Cannon, 2022-12-06 In 1983, Dolores was working with several individuals who volunteered for sessions to help her hone her craft in hypnosis. Over the years she had developed her own technique of hypnosis where the client would go into a very deep state of trance and was able to re-live the past life they were seeing. When these individuals went back to a time in the past, it would be like they were actually there. If there was something in our time that was not in their time, they wouldn't know what you were talking about. This book is about the past lives of three of these volunteers who went back to the time of the Druids and were giving information about how it was to live during this time and the difficulties that were experienced while trying to live with the faith of Mother Earth. The Inquisition was always lurking around trying to find these special groups that were not of their religion and were trying to force them to reveal information about their beliefs and practices. The Inquisition believed these special groups had powers and too much influence on the regular people. So, come along with us and take the journey into the past. As Dolores would say "They thought they had gotten rid of us with the torches and burnings; but we're back!"

dolores cannon pdf: A Soul Remembers Hiroshima Dolores Cannon, 2020-03 A case of reincarnation, where a Young American girl relives the life and death of a Japanese man through regressive hypnosis.

dolores cannon pdf: Legacy from the Stars Dolores Cannon, 1996 We are children of the stars. This is our legacy and our heritage. In the history of the cosmos, Earth is a young planet. Our souls, on the other hand, have been around forever and will continue to be around forever. Thus Earth is not our only home. We have lived many lives in unusual environments before deciding to journey here and learn the lessons of Earth. After our schooling is completed on this planet, we will journey onward to discover new worlds to explore. The memories of these soul journeys are recorded in our subconscious, and in *Legacy from the Stars* hypnotherapist Dolores Cannon shows that they can be retrieved through regressive hypnosis. She reports dramatic cases where the subjects relived other lifetimes in strange environments -- inhabitants of other planets. After reading her latest book, you may agree that we are all extraterrestrials, and Earth is merely a stop-over in our long

adventure.

dolores cannon pdf: *Five Lives Remembered* Dolores Cannon, 2009 THE BEGINNING What do you do when you discover information that is before its time? What do you do when your curiosity takes you on an adventure that is so bizarre that there is nothing normal to relate to? This is what happened to Dolores Cannon in 1968, long before she began her career as a past-life hypnotherapist and regressionist. Travel back with us to that time when the words reincarnation, past-lives, regression, walk-ins, New Age were unknown to the general population. This is the story of two normal people, who accidentally stumbled across past-lives while working with a doctor to help a patient relax. It began so innocently, yet it crossed the boundaries of the imagination to open up an entirely new way of thinking at a time when such a thing was unheard of. It went totally against the belief systems of the time. It was so startling that they should have stopped, but their curiosity demanded that they continue to explore the unorthodox. The experiment changed the participants and everyone involved, and their beliefs would never be the same. Dolores Cannon is now a world-renowned hypnotherapist who has explored thousands of cases in the forty years since 1968, and has written fifteen books about her discoveries. Her books are translated into more than 20 languages. She is teaching her unique form of hypnosis all over the world. When she lectures people ask, How did you get started on all of this? This is the story of her beginnings. The book was written in 1980, her very first book. It has laid dormant, gathering dust, until now, waiting. Now is the time for it to come forth. Enjoy the adventure!

dolores cannon pdf: *The Convoluted Universe: Book 3* Dolores Cannon, 2008 This sequel to *The Convoluted Universe - Book Two* provides metaphysical information obtained through numerous subjects by hypnotic past-life regression.

dolores cannon pdf: *Convoluted Universe Book 5* Dolores Cannon, 2015-11-01 This is the fifth book in the revolutionary *Convoluted Universe* series that begun in 2001.

dolores cannon pdf: *Jesus and the Essenes* Dolores Cannon, 1999-12 Originally published: Huntsville, Ark.: D. Cannon, c1985.

dolores cannon pdf: *The Three Waves of Volunteers & the New Earth* Dolores Cannon, In 1945 when the atomic bombs were dropped in WWII, our protectors and watchers in outer space saw that Earth was on a collision course with disaster. The prime directive of non-interference prevented them from taking any action, but then they came up with a brilliant plan to save Earth and assist her in her ascension. They couldn't interfere from the outside, but maybe they could influence from the inside. So the call went out for volunteers to come and help. Earth is in trouble - who wants to volunteer? The native souls living on Earth were too caught up on the wheel of karma. The only hope was to ask for pure souls to come who had never been trapped on the karmic cycle. Dolores in her hypnosis work has discovered three waves of these volunteers. Some have come direct from the Source and have never lived in any type of physical body before. Others have lived as space beings on other planets or other dimensions. Because all memory is erased upon entry to the Earth dimension, they do not remember their assignment. Thus these beautiful souls have a difficult time adjusting to our chaotic world. These souls have a vital role to play as they help all of the rest of us ascend to the New Earth. * Characteristics of the Three Waves of Volunteers * The Difficulties being Experienced by First-Timers * How the Shift is affecting the Physical Body * The Roles of ETs and Light Beings in the Shift * Keepers of the Grid * The Separation of the Old and New Earth * What is the New Earth? * What is the Significance of 2012?

dolores cannon pdf: *They Walked with Jesus* Dolores Cannon, 2011-05-30 Sequel to *Jesus and the Essenes*. The past-life memories of two women capture a true and compelling portrait of Jesus the man, from the healing miracles he performed to the gentle philosophy he preached. This is an INSIDER view, direct from Jesus' time, deep in feeling tones and profound in implications, giving a sense of how things truly were. This book includes drawings of the Temple and Old Jerusalem, and includes scenes at the Temple in Jerusalem, visits to homes and leper colonies, political intrigues leading to the crucifixion, and also the personal feelings of those who met him. The realism of this information is astounding.

dolores cannon pdf: Soul Speak - The Language of Your Body Julia Cannon, 2013-08-01 In this book you will discover what the messages from the different body systems mean and how you can heal any situation by understanding the message that is being delivered and acting appropriately on that message. This is a secret language that is now being revealed. It is no longer a mystery. Discover for yourself what YOU are trying to say to YOURSELF.

dolores cannon pdf: The Convoluted Universe: Book 4 Dolores Cannon, 2011-01-01 This is the fourth volume in the series in the wildly successful Convoluted Universe series. Premier hypnotherapist, and psychic researcher Dolores Cannon does it again. Using deep hypnosis and past life regression techniques, she presents mind-blowing theories and concepts originating from other dimensions. In this amazing book, is more information about the spirit side - where we go after we die. Plus new information on the life reviews and preparing contracts and your life plan of what you hope to accomplish on your return to Earth. Cannon uncovers forgotten ancient knowledge that secret mystery schools and ancient civilizations used and is being brought back now. Ancient mysteries such as: Atlantis, Lemuria, the original Stonehenge, and the creation of life on Earth are explored.

dolores cannon pdf: The Custodians Dolores Cannon, 1998 UFO sightings and abductions by aliens were the beginning, the tip of the iceberg. Dolore Cannon's work in Hypnosis has taken the study beyond abduction. Dolores traces the phenomenon from the simple to the complex. Exploring areas untouched by other investigators, she makes the unbelievable become acceptable and understandable!

dolores cannon pdf: A New History of Life Peter Ward, Joe Kirschvink, 2015-04-07 The history of life on Earth is, in some form or another, known to us all--or so we think. A New History of Life offers a provocative new account, based on the latest scientific research, of how life on our planet evolved--the first major new synthesis for general readers in two decades. Charles Darwin's theories, first published more than 150 years ago, form the backbone of how we understand the history of the Earth. In reality, the currently accepted history of life on Earth is so flawed, so out of date, that it's past time we need a 'New History of Life.' In their latest book, Joe Kirschvink and Peter Ward will show that many of our most cherished beliefs about the evolution of life are wrong. Gathering and analyzing years of discoveries and research not yet widely known to the public, A New History of Life proposes a different origin of species than the one Darwin proposed, one which includes eight-foot-long centipedes, a frozen "snowball Earth", and the seeds for life originating on Mars. Drawing on their years of experience in paleontology, biology, chemistry, and astrobiology, experts Ward and Kirschvink paint a picture of the origins life on Earth that are at once too fabulous to imagine and too familiar to dismiss--and looking forward, A New History of Life brilliantly assembles insights from some of the latest scientific research to understand how life on Earth can and might evolve far into the future.

dolores cannon pdf: For Whom the Bell Tolls Ernest Hemingway, 2014-05-22 In 1937 Ernest Hemingway traveled to Spain to cover the civil war there for the North American Newspaper Alliance. Three years later he completed the greatest novel to emerge from "the good fight," For Whom the Bell Tolls. The story of Robert Jordan, a young American in the International Brigades attached to an antifascist guerilla unit in the mountains of Spain, it tells of loyalty and courage, love and defeat, and the tragic death of an ideal. In his portrayal of Jordan's love for the beautiful Maria and his superb account of El Sordo's last stand, in his brilliant travesty of La Pasionaria and his unwillingness to believe in blind faith, Hemingway surpasses his achievement in The Sun Also Rises and A Farewell to Arms to create a work at once rare and beautiful, strong and brutal, compassionate, moving, and wise. "If the function of a writer is to reveal reality," Maxwell Perkins wrote to Hemingway after reading the manuscript, "no one ever so completely performed it." Greater in power, broader in scope, and more intensely emotional than any of the author's previous works, it stands as one of the best war novels of all time.

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Contends that Jesus, Joshua, and Tutankhamun were the same person • Provides evidence from church documentation, the Koran, the Talmud, and archaeology that the Messiah came more than a millennium before the first century C.E. • Shows that Christianity evolved from Essene teachings Although it is commonly believed that Jesus lived during the first century C.E., there is no concrete evidence to support this fact from the Roman and Jewish historians who would have been his contemporaries. The Gospel writers themselves were of a later generation, and many accounts recorded in the Old Testament and Talmudic commentary refer to the coming of the Messiah as an event that had already occurred. Using the evidence available from archaeology, the Dead Sea Scrolls, the Koran, the Talmud, and biblical sources, Ahmed Osman provides a compelling case that both Jesus and Joshua were one and the same--a belief echoed by the early Church Fathers--and that this person was likewise the pharaoh Tutankhamun, who ruled Egypt between 1361 and 1352 B.C.E. and was regarded as the spiritual son of God. Osman contends that the Essene Christians--who followed Jesus' teachings in secret after his murder--only came into the open following the execution of their prophet John the Baptist by Herod, many centuries later. Yet it was also the Essenes who, following the death of Tutankhamun and his father Akhenaten (Moses), secretly kept the monotheistic religion of Egypt alive. The Essenes believed themselves to be the people of the New Covenant established between their Lord and themselves by the Teacher of Righteousness, who was murdered by a wicked priest. The Dead Sea Scrolls support Osman's contention that this Teacher of Righteousness was in fact Jesus.

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Nhat Hanh and his monastic community in Plum Village, have developed more and more ways to integrate mindfulness practices into every aspect of their daily life. A few years back Thich Nhat Hanh began to develop gentle exercises based on Yoga and Tai Chi movements. Initially designed as mindful stretching breaks between long periods of sitting meditation, Mindful Movements became a popular tool to complement to sitting meditation extending Thich Nhat Hanh's trademark gentle approach to Buddhist teachings into a series of physical movements. These movements enjoy a growing popularity amongst his students and have become integral part of his retreats. These simple and effective practices are meant to reduce stress and tension to help the practitioner gain the serenity he needs to return to a state of mindfulness. When done as part of a full meditation practice, these movements can address mental, emotional, and physical stress. Offered to the general public for the first time, the Mindful Movements have been lovingly illustrated by one of Thich Nhat Hanh's long-time practitioner, Wietske Vriezen. Drawn in a whimsical and immediately appealing style the booklet presents 10 routines that can be practiced by people of all ages and body types whether they are already familiar with mindfulness practices or not. The Mindful Movements are designed to be accessible to as many people as possible. Far from being another exercise program, Mindful Movements is for all those wanting to add a gentle but physical element to their meditation practice. They can be practiced before or after sitting meditation, at home, or at work - any time you have a few minutes to refresh your body and quiet your mind. For those new to meditation they are a great, non-threatening way to get acquainted with mindfulness as a complete and multi-faceted practice. For those who already have an established sitting practice Mindful Movements will come as a welcomed addition to their practice. With a foreword by Thich Nhat Hanh and Introduction by Jon Kabat-Zinn [TBC]

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Dead Sea, twelve kilometers to the south of Jericho and thirty-two kilometers north of the En-gedi Oasis, lie the ruins of a community long known to the Bedouins as 'Khirbet Qumran'. The nearly 900 original manuscript fragments found in caves near the site between 1947 and 1956 have fundamentally altered our view of ancient Judaism. The incredible discoveries at Qumran are unveiled in this compelling volume by one of the world's foremost experts on biblical archaeology and the ancient Qumran community. Drawing on the best of current research and a thorough knowledge of all the Dead Sea Scrolls, Hartmut Stegemann deciphers the meaning of the historical facts regarding the Qumran community and answers in an understandable and exciting way many of the questions that have provoked sensational speculation in the press since the discovery of the Dead Sea Scrolls. Stegemann analyzes the purpose of the Qumran settlement itself and paints a picture of how daily life was carried on there. He probes similarities and differences between Essene baptism, commemorative meals, and eschatology and their early Christian counterparts. He also explores the relation of the Qumran community to John the Baptist, to Jesus, and to early Christianity, and uncovers the true nature of the Qumran writings, which continue to have a profound impact on biblical studies today.

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and knowable. Presents a lighted path to self-mastery for the enlightenment of self and others, while succinctly outlining why the past is important to this path. Explains the dynamics of trauma, including childhood abuse, and how the mind stores, as well as buries, trauma. Explains why memories - whether false or real - are important to healing and achieving personal and professional goals. Delineates the levels of the mind and spirit in a way that is meaningful to every day reality. Lures and keeps the interest of both beginners and experts in metaphysical studies, even as it brings forward information that enhances both mainstream and alternative healing. Miracles are explained, as well as why medications, surgery, prayer, guided imagery, visualizations, affirmations, hypnosis, herbs, and other healing aids sometimes do not work and what needs to be done so they will. It is a book written by experts who explain why no expert knows more about a person's mind, body, or spirit than that person's own mind, body, and spirit. Explains how such information can be accessed both in and out of trance states. Channeling is introduced in a manner that eliminates fear, dread, and foolhardiness. Parts of the book and all of chapter eight are written by LIGHT, which says it is The Light, the creator energy of The Creator of All That Is. Light outlines a plan for healing the earth, balancing nature, and enlightening humans. The plan is powerful and perfect for people of all religions and no religion. So ingenious is this plan, so simple, so positively focused, it could only have been written by a consciousness of light leading to the thought that if a consciousness of light does not lie, this must, indeed, be The Creator Light. Just knowing such a consciousness is present and active in the world lessens the rampant fear presently escalating naturally occurring earth changes. Most importantly, this book, as it makes clear how the mind creates, makes clear how prophecy works. It becomes understood prophecy is not for the ego of the prophet; it is for the good of the people. If one does not like a prophecy, one has the ability and the right to positively shift the mental focus and physical actions in the present, which alters the future, thus nullifying the prophecy. Being created in the image of the Creator means we are spirit with will and the ability to choose what we will. A great prophet does not care about being right. A great prophet cares about doing right. Doing right is to warn and when the warning is heeded, the great prophet rejoices, knowing the prophecy will be rendered untrue. Book One explains how the mind truly works so the soul of one and the souls of many may alter the future to bring greater good and joy.

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Christianity and its promotion of male exclusivity and superiority in terms of God, church leadership, and the bed. DeConick's detective work uncovers old aspects of Christianity before later doctrines and dogmas were imposed upon the churches, and the earlier teachings about the female were distorted. *Holy Misogyny* shows how the female was systematically erased from the Christian tradition, and why. She concludes that the distortion and erasure of the female is the result of ancient misogyny made divine writ, a holy misogyny that remains with us today.

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classic oral history *Working* is a compelling look at jobs and the people who do them. Consisting of over one hundred interviews with everyone from a gravedigger to a studio head, this book provides a “brilliant” and enduring portrait of people’s feelings about their working lives. This edition includes a new foreword by New York Times journalist Adam Cohen (Forbes). “Splendid . . . Important . . . Rich and fascinating . . . The people we meet are not digits in a poll but real people with real names who share their anecdotes, adventures, and aspirations with us.” —Business Week “The talk in *Working* is good talk—earthy, passionate, honest, sometimes tender, sometimes crisp, juicy as reality, seasoned with experience.” —The Washington Post

dolores cannon pdf: Return to Life Jim B. Tucker, M.D., 2013-12-03 Dr. Tucker, in a follow-up to his book *Life Before Life*, explores American cases of young children who report memories of previous lives in the New York Times bestseller, *Return to Life*. A first-person account of Jim Tucker's experiences with a number of extraordinary children with memories of past lives, *Return to Life* focuses mostly on American cases, presenting each family's story and describing his investigation. His goal is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found cases that provide persuasive evidence that some children do, in fact, possess memories of previous lives. Among others, readers will meet a boy who describes a previous life on a small island. When Tucker takes him to that island, he finds that some details eerily match the boy's statements and some do not. Another boy points to a photograph from the 1930s and says he used to be one of the men in it. Once the laborious efforts to identify that man are successful, many of the child's numerous memories are found to match the details of his life. Soon after his second birthday, a third boy begins expressing memories of being a World War II pilot who is eventually identified. Thought-provoking and captivating, *Return to Life* urges its readers to think about life and death and reincarnation, and reflect about their own consciousness and spirituality.

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